



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.			
	SILVER FIT 8-9 a.m.	PICKLEBALL 7-11:30 a.m.	CORE + BALANCE 8:15-8:45 a.m.	PICKLEBALL 7-10:30 a.m.	SILVER FIT 8-9 a.m.		CORE + BALANCE 8:15-8:45 a.m.		SILVER FIT 8-9 a.m.	PICKLEBALL 8-10 a.m.	
PICKLEBALL 7-10:30 a.m.			CARDIO + STRENGTH + CORE 9-10:30 a.m.			PICKLEBALL 7-11:30 a.m.	CARDIO + STRENGTH + CORE 9-10:30 a.m.		PICKLEBALL 7-10:30 a.m.		FAMILY OPEN GYM (half court) 9 a.m.-1 p.m.
SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.		UNIFIED 10:30-11:30 a.m.	FAMILY OPEN GYM 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.			SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.	WEEKEND OPEN GYM* 10 a.m.-5 p.m.	PICKLEBALL (half court) 9-11 a.m.
ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.		OPEN GYM & TEEN TIME 11:30 a.m.-5:30 p.m.		ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.		WOMEN'S PICKLEBALL 11:30 a.m.-12:30 p.m.		ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.			OPEN GYM* (half court) 11 a.m.-3 p.m.
OPEN GYM & TEEN TIME 1-5:30 p.m.				OPEN GYM & TEEN TIME 1-5:30 p.m.		OPEN GYM & TEEN TIME 12:30-5:30 p.m.		OPEN GYM & TEEN TIME 1-5 p.m.			
	BASKETBALL LEAGUE 4:00-7:00	ROCK WALL OPEN CLIMBING 4-7 p.m.	BASKETBALL LEAGUE 4:00-5:30		BASKETBALL LEAGUE 4:00-7:00		BASKETBALL LEAGUE 4:00-7:00		BASKETBALL LEAGUE 4:00-7:30		
GYMNASTICS 5:30-8 p.m.		*Starting 9/26* VOLLEYBALL LEAGUE 5:30-9 p.m.		GYMNASTICS 5:30-8 p.m. (Full court 7-8 p.m.)		GYMNASTICS 5:30-8 p.m.		ROCK WALL OPEN CLIMBING 4-7 p.m.		OPEN GYM 7:30-9 p.m.	

*Open Gym on weekends is contingent on party rentals - please call us or check Facebook to confirm the gym is free

Open Gym times can be used for pickleball, basketball, volleyball and more!

UPDATED 11/24/23