



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.			
	SILVER FIT 8-9 a.m.	PICKLE-BALL 7-9 a.m.	CORE + BALANCE 8:15-8:45 a.m.	PICKLEBALL 7-10:30 a.m.	SILVER FIT 8-9 a.m.	PICKLE-BALL 7 a.m.-12:30 p.m.	CORE + BALANCE 8:15-8:45 a.m.		SILVER FIT 8-9 a.m.		
PICKLEBALL 7-10:30 a.m.		PICKLEBALL 9-11:30 a.m.	CARDIO + STRENGTH + CORE 9-10:30 a.m.				CARDIO + STRENGTH + CORE 9-10:30 a.m.		PICKLEBALL 7-10:30 a.m.		
SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.				SENIOR BASKETBALL 10:30-11:30 a.m.				SENIOR BASKETBALL 10:30-11:30 a.m.		
ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.		OPEN GYM 11:30 a.m.-4 p.m.		ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.				ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.			
OPEN GYM 1-4 p.m.				OPEN GYM 1-4 p.m.		OPEN GYM 12:30-4 p.m.		OPEN GYM 1-4 p.m.			
REC BASKETBALL 4-5:30 p.m.		ROCK WALL OPEN CLIMBING 4-7 p.m.		REC BASKETBALL 4-7 p.m.							
VOLLEYBALL LEAGUE 5:30-9 p.m.		REC BASKETBALL 4-6 p.m.				REC BASKETBALL 4-7 p.m.		REC BASKETBALL 4-7:30 p.m.			
GYMNASTICS 5:30-8 p.m.		PICKUP BASKETBALL 6-9 p.m.		GYMNASTICS 5:30-8 p.m. (Full court 7-8 p.m.)		GYMNASTICS 5:30-8 p.m.			ROCK WALL OPEN CLIMBING 4-7 p.m.		
								OPEN GYM 7:30-9 p.m.			

During Family Open Gym we lower our basketball hoops and have family friendly activities available!

FAMILY OPEN GYM  
(1 court)

OPEN GYM  
(1 court)  
9 a.m.-1 p.m.

YOUTH VOLLEYBALL  
1-2:30 p.m.

OPEN GYM  
1:30-5 p.m.