



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BATH GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.			
	SILVER FIT 8-9 a.m.	PICKLE-BALL 7-9 a.m.	CORE + BALANCE 8:15-8:45 a.m.	PICKLEBALL 7-10:30 a.m.	SILVER FIT 8-9 a.m.			CORE + BALANCE 8:15-8:45 a.m.	SILVER FIT 8-9 a.m.		
PICKLEBALL 7-10:30 a.m.		PICKLEBALL 9-11 a.m.	CARDIO + STRENGTH + CORE 9-10:30 a.m.			PICKLE-BALL 7 a.m.-12:30 p.m.		CARDIO + STRENGTH + CORE 9-10:30 a.m.	PICKLEBALL 7-10:30 a.m.		
	SENIOR BASKETBALL 10:30-11:30 a.m.				SENIOR BASKETBALL 10:30-11:30 a.m.				SENIOR BASKETBALL 10:30-11:30 a.m.	OPEN GYM 7 a.m. - 3 p.m.	OPEN GYM 9 a.m. - 1 p.m.
ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.		OPEN GYM 11 a.m.-6 p.m.		ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.				ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.			
OPEN GYM 1-5:30 p.m.				OPEN GYM 1-8 p.m.		OPEN GYM 12:30-5:30 p.m.		OPEN GYM 1-7 p.m.			
VOLLEYBALL LEAGUE 5:30-9 p.m.		ROCK WALL OPEN CLIMBING 4-7 p.m.				PICKUP BASKETBALL 5:30-8 p.m.		ROCK WALL OPEN CLIMBING 4-7 p.m.			
GYMNASTICS 5:30-8 p.m.		PICKUP BASKETBALL 5:30-9 p.m.		GYMNASTICS 4-8 p.m.		GYMNASTICS 5:30-8 p.m.					