



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BATH GYMNASIUM SCHEDULE

NOW OPEN
9 A.M. – 3 P.M.
SUNDAYS!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2		
OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.		OPEN GYM 5-7 a.m.			
	SILVER FIT 8-9 a.m.	PICKLEBALL 7-9 a.m.		PICKLEBALL 7-10:30 a.m.	SILVER FIT 8-9 a.m.	PICKLEBALL 7 a.m.-12:30 p.m.			SILVER FIT 8-9 a.m.		
PICKLEBALL 7-10:30 a.m.		PICKLEBALL 9-11 a.m.	CARDIO + STRENGTH + CORE 9-10:30 a.m.				CARDIO + STRENGTH + CORE 9-10:30 a.m.	PICKLEBALL 7-10:30 a.m.			PICKLEBALL 9-11 a.m.
SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.				SENIOR BASKETBALL 10:30-11:30 a.m.			SILVER FIT 10:30-11:30 a.m.	SENIOR BASKETBALL 10:30-11:30 a.m.		
ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.				ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.				ADULT PICKUP BASKETBALL 11:30 a.m.-1 p.m.			
		OPEN GYM 11 a.m.-6 p.m.								OPEN GYM 8 a.m.-5 p.m.	
OPEN GYM 1-5:30 p.m.	TEEN TIME 2-4:30 p.m.		TEEN TIME 2-4:30 p.m.	OPEN GYM 1-5:30 p.m.	TEEN TIME 2-4:30 p.m.	OPEN GYM 12:30-6 p.m.	TEEN TIME 2-4:30 p.m.	OPEN GYM 1-7 p.m.	TEEN TIME 2-4:30 p.m.		OPEN GYM 11 a.m. - 3 p.m.
		ROCK WALL OPEN CLIMBING 4-7 p.m.									
			REC BASKETBALL 4:30-6 p.m.		REC BASKETBALL 4:30-7:30 p.m.		REC BASKETBALL 4:30-6 p.m.				
VOLLEYBALL LEAGUE & PICKUP GAMES 5:30-9 p.m. 1 Court Each		PICKUP BASKETBALL 6-9 p.m.		GYMNASTICS 5:30-8 p.m.		GYMNASTICS 6-8 p.m.					
								ROCK WALL OPEN CLIMBING 4-7 p.m.			