

Gymnastics: School Year 2021-2022

Gymnastics classes

6 week sessions 1 hour class \$92 Y member; \$130 community member

Gymnastics attire: leotard and fitted shorts, biketard, or fitted shirt and shorts.

Unacceptable attire: skirts, buttons, zips, or snaps, crop top or sports bra, socks or footed tights.

Please note: parents and caregivers may not be in the gymnastics area for either comfort or photography. All spectators are invited to observe and take pictures from the bleachers.

*Class availability is dependent upon staffing and space in class. During some sessions, a lack of available staff may cause some class times in the six week sessions to not be offered.

Please contact Gymnastics Director, Kym Granger at kym@bathymca.org with questions.

Preschool: Children ages 3-5 will be gently introduced to all appropriate gymnastics equipment in a structured, gentle environment. Parents and caregivers may not be in the gymnastics area, and are invited to observe from the bleachers.

Preschool classes:

Tuesdays 4:20-5:20

Saturdays 9-10 AM

Youth: Budding gymnasts, and those with a casual interest in the sport will enjoy this class. Athletes will use all equipment and will be taught basic gymnastics skills like handstands on floor, jumps on beam, squat-ons to vault, and swings on the bars. All abilities are welcome. No experience is required. This program is for children entering kindergarten and up.

Youth classes:

Tuesdays 5:25-6:25

Wednesdays 4:20-5:20

Saturdays 10:05-11:05 AM

Pre-team: Athletes considering future participation in competitive gymnastics will benefit from this class. Motivated athletes will practice back walk-overs, pullovers at the bar, and more advanced skills. Appropriate for gymnasts who have completed kindergarten. We encourage confident athletes who love gymnastics, and **can independently do a cartwheel, backward roll, and are comfortable being upside down on bars** to consider our pre-team program.

Preteam classes:

Mondays 4:20-5:20

Thursdays 4:20-5:20

Team:

Proficient gymnasts ready to commit to at least two practices a week and competitions beginning in December, will enjoy this team experience. Please speak to your child's skill level makes them eligible. Our mandatory team meeting will be held **Thursday, September 16 at 6 PM.**

Practices:

Two days a week: Monday and Thursday, 5:30-8

Full fee: \$1,300; 8 monthly payments of \$162.50

Or

Three days a week: Monday, Wednesday, and Thursday 5:30-8

Full fee: \$1,400; 8 monthly payments of \$175

Team Tryouts:

If your athlete would like to try out, please contact kym@bathymca.org