



LANDING Y GYM SCHEDULE

WINTER 2020: UPDATED 2-3-20

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 a.m.						
7 a.m.	OPEN GYM 6-8 a.m.	OPEN GYM 6-8 a.m.	OPEN GYM 6-7 a.m. (Half Court) 7-8 a.m.	OPEN GYM 6-8 a.m.	OPEN GYM 6-8 a.m.	
8 a.m.		PICKLEBALL 8-10:30 a.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix			PICKLEBALL 8-10:30 a.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix	OPEN GYM 8-9 a.m.
9 a.m.	PICKLEBALL 8 a.m. to Noon First 90 minutes 2.5 on Court 1 3.5+ on Court 3 3.0 on Court 2 After, All Levels Mix		PICKLEBALL 8 a.m. to Noon First 90 minutes 3.5+ on Court 3 3.0 on Court 2 After, All Levels Mix	INTERMEDIATE/ ADVANCED INTERMEDIATE PICKLEBALL 8-11 a.m. (High) 3.0-3.5		
10 a.m.						PICKLEBALL 9 a.m. to Noon Open Play
11 a.m.		SPECIAL ACTIVITIES 10:30 a.m. to Noon			OPEN GYM 10:30 a.m.-12:30 p.m.	
Noon				ADVANCED BEGINNER/INTERMEDIATE PICKLEBALL 11 a.m. to 1 p.m. *Drop In*		
1 p.m.	REAL SCHOOL 12:30-1:30 p.m.	REAL SCHOOL 12:30-1:30 p.m.		ROCK STEADY WARMUP 1-2 p.m.	REAL SCHOOL 12:30-1:30 p.m.	
2 p.m.	ADVANCED BEGINNER/ INTERMEDIATE PICKLEBALL 1:30-3:30 p.m.	ROCK STEADY WARMUP 1:30-2 p.m.	MERRYMEETING ADULT ED PICKLEBALL 12:30-2:30 p.m. (Starts 1/8)			
3 p.m.		OPEN GYM 2-5 p.m.		OPEN GYM 2-5 p.m.	OPEN GYM 1:30-5 p.m.	
4 p.m.	OPEN GYM 3:30-5 p.m.		OPEN GYM 3-5:30 p.m.			
5 p.m.		PICKLEBALL 5-7:15 p.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix		PICKLEBALL 5-7:15 p.m. First 60 Minutes 3.5+ on Court 3 After, All Levels Mix		
6 p.m.	BASKETBALL 5-7:15 p.m.		MERRYMEETING ADULT ED PICKLEBALL 5:30-7:15 p.m. (Starts 1/8)			
7 p.m.						

KEY

- OUTSIDE PROGRAM
- BASKETBALL
- CLASSES
- PICKLEBALL
- ACTIVITIES
- OPEN GYM
- SCHOOLS

QUESTIONS? Call (207) 844-2801 or go to bathymca.org.

Monday-Thursday: 6 a.m. to 7:30 p.m.
Friday: 6 a.m. to 5 p.m.
Saturday: 8 a.m. to Noon.; Sunday: CLOSED