



BATH Y GYM SCHEDULE

WINTER 2019: UPDATED 12-9-19

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5-8 a.m.	OPEN GYM 5-9 a.m.	OPEN GYM 5-8 a.m.	OPEN GYM 5-9 a.m.	OPEN GYM 5-8 a.m.		
PICKLEBALL 8-10 a.m.		PICKLEBALL 8-10 a.m.		PICKLEBALL 8-10 a.m.	YOUTH BASKETBALL (Full Court) 7-11 a.m. (EFFECTIVE 11/30)	PICKLEBALL 9-11 a.m.
SILVER FIT 10-11 a.m.	ZUMBA 9-10 a.m.	SILVER FIT 10-11 a.m.	BARRE ABOVE 9-10 a.m.	SILVER FIT 10-11 a.m.		
AOA BASKETBALL (Half Court) 10:30-11:30 a.m.		AOA BASKETBALL (Half Court) 10:30-11:30 a.m.		AOA BASKETBALL (Half Court) 10:30-11:30 a.m.		
ADULT BASKETBALL (Full Court) 11:30 a.m.-1 p.m.	ADULT BASKETBALL (Full Court) 11:30 a.m.-1 p.m.	ADULT BASKETBALL (Full Court) 11:30 a.m.-1 p.m.	ADULT BASKETBALL (Full Court) 11:30 a.m.-1 p.m.	ADULT BASKETBALL (Full Court) 11:30 a.m.-1 p.m.	OPEN GYM 11 a.m. to Close	OPEN GYM 11 a.m. to Close
OPEN GYM 1-4 p.m.	OPEN GYM 1-4:30 p.m.	OPEN GYM 1-4 p.m.	OPEN GYM 1-4:30 p.m.	OPEN GYM 1-4:30 p.m.		
YOUTH BASKETBALL 4-5:30 p.m.	YOUTH BASKETBALL 4:30-6 p.m.	YOUTH BASKETBALL 4-7 p.m.	YOUTH BASKETBALL 4:30-7 p.m.	YOUTH BASKETBALL 4:30-7:30 p.m.		
ADULT PICK UP VOLLEYBALL 5:30-9 p.m.	ADULT PICK UP BASKETBALL 6-9 p.m.	ADULT PICK UP BASKETBALL 7-9 p.m.	GYMNASTICS* (Entire Gym) 7-8 p.m.	PICKLEBALL (Half Court) 7:30-9 p.m.		

KEY

- BASKETBALL
- CLASS/PROGRAMS
- OPEN GYM
- PICKLEBALL
- VOLLEYBALL

Gym use is FREE for members.
Basketball & Pickleball for non-members is \$5 per visit.
Day Pass Fee: Youth \$5 | Adult \$12 | Family \$20
*YMCA program, includes an extra fee.

QUESTIONS? Contact Program Director Joe MacMahan
at (207) 443-4112 x14 or email joe@bathymca.org.

OUR HOURS
Monday-Thursday: 5 a.m. to 9 p.m.
Friday: 5 a.m. to 8 p.m.
Saturday: 7 a.m. to 3 p.m.
Sunday: 9 a.m. to 1 p.m.