



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Main Pool Summer 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	5:00-9:00 Adult Lap Swim (all lanes)	5:00-9:00 Adult Lap Swim 4+ Lanes	5:00-9:00 Adult Lap Swim (all lanes)	5:00-9:00 Adult Lap Swim 4+ Lanes	5:00-10:00 Adult Lap Swim (all lanes)	7:15-9:00 Adult Lap Lanes 1-4	
7am		7-7:45am Splash and Dash (Russ) lanes 1-3		7-7:45am Splash and Dash (Russ) lanes 1-3		7:15-8:30 Masters Swim (Lns 5-8)	Pool opens at 9:15AM
9am		Deep Water 9-9:45 lanes 1-3	Deep Water 9-9:45 lanes 1-3	Deep Water 9-9:45 lanes 1-3			
9am	9-10:00am Swim Lessons Lanes 7&8	9-10:00am Swim Lessons Lanes 7&8	9-10:00am Swim Lessons Lanes 7&8	9-10:00am Swim Lessons Lanes 7&8		9:00-12:30pm Adult Lap lanes 3-8	Adult Lap 4+ Lanes 9:15-12:30pm
10am	10-11am LRSC No lanes available	10-11am LRSC No lanes available	10-11am LRSC No lanes available	10-11am LRSC No lanes available	10-11am LRSC No lanes available	9-12:30pm Open Swim Lanes 1-2	9:15-10:00 Open Swim Lanes 10-11
11am	11:00-12:00 Aqua Exercise (Pat) lanes 1-3		11:00-12:00 Aqua Exercise (Pat) lanes 1-3		11:00-12:00 Aqua Exercise (Pat) lanes 1-3		10-11am Pool Rental <i>call for availability</i>
11am	11:00-7PM Adult Lap 4 + Lanes	11:00-4:30PM Adult Lap 4+ Lanes	11:00-4:30PM Adult Lap 4+ Lanes	11:00-4:30PM Adult Lap 4+ Lanes	11:00-8PM Adult Lap 4+ Lanes		11-12:30pm Open Swim
12n	12N-1pm Open Swim lanes 1-2	12N-1pm Open Swim lanes 1-2	12N-4:30pm Open Swim lanes 1-2	12N-4:30pm Open Swim lanes 1-2	12N-1pm Open Swim lanes 1-2		
1pm	1-2:30pm Y-Care swim lanes 1-2	1-2pm Y-Care swim lanes 1-2			1-2pm Y-Care swim lanes 1-2	12:30-1:30pm Rental <i>call for availability</i>	
2pm	2:30-5:30PM open swim lanes 1-2	2-4:30PM open swim lanes 1-2			2:00-8PM Open Swim lanes 1-2	Open Swim/Lap Swim until 2:30pm	
3pm	3:30-5PM swim lessons lane 6,7&8	3:30-5PM swim lessons lane 6,7&8	3:30-5PM swim lessons lane 6,7&8				
4pm		LRSC 4:30-7:30	LRSC 4:30-5:15	3:30-5PM swim lessons lane 6,7&8			
5pm		LRSC	Adult Lap Lanes 4-8 5:15-6:30	LRSC 4:30-7:30			
5pm	Deep Water (Maddy) 5:30-6:15pm lanes 1-3	LRSC	Deep Water (Maddy) 5:30-6:15pm lanes 1-3	LRSC			
6pm		LRSC	LRSC 6:30-8pm	LRSC			
7pm	LRSC 7-8PM	Adult Lap 7:30-8pm	LRSC	Adult Lap 7:30-8pm			

Please Shower  
before entering the  
pool and read  
through our pool  
rules, and swim  
test policies

Long Reach Swim Club  
summer season runs  
5/2/16 - 7/29/16

Schedule is subject  
to change, go to  
[www.bathymca.org](http://www.bathymca.org)  
for the most up to  
date changes and  
cancellations

Schedule current for  
6/20 - 8/23

Interested in swim lessons? Ask us about our Summer swim lesson sessions and swim camps!  
sean@bathymca.org OR areiley@bathymca.org

\*Please note that our HOT TUB is drained and cleaned every Tuesday at 1pm and remains closed until approximately 4pm.  
Updated Pool Schedule as of : 6/9/2016